

Confidentiality Information and Release

Information shared in spiritual direction sessions is confidential and will not be discussed or released to anyone, except in cases where there is sufficient cause to believe that a life is in danger. Spiritual directors are required by law to report child abuse (emotional, physical, or sexual), elder abuse (fiscal, emotional, physical, or sexual), dependent abuse (fiscal, emotional, physical, or sexual), or intentions to harm self or others. In addition, in an attempt to gain perspectives and ideas as to how best to help you reach your goals, I may meet with other professional spiritual directions regarding supervision for our sessions, but will not identify specific information being disclosed. If you have any questions or reservations about the policy in regard to confidentiality, then the policy should be discussed before signing below. By signing below you are accepting the confidentiality policy, its limits and exceptions.

Directee Name (Printed):

Directee Signature:

Date: